



# Carolina Ear, Nose & Throat Head and Neck Surgery Center

## Postoperative Operative Instructions Adenoidectomy

- Rest today and increase activity as tolerated tomorrow.
- Liquids and soft diet today, normal diet tomorrow.
- NO aspirin products for 2 weeks. This can increase the chances of bleeding.
- May have drainage from nose for first 24-48 hours. This is very normal. If becomes heavy at any point, call your physician.
- Should not have sore throat or difficulty swallowing due to location of adenoids. Encourage patient to drink fluids today.
- Foul smelling breath normal x 2 weeks.

Call physician for:

- Pain uncontrolled by medicine prescribed
- Nausea and vomiting
- Neck pain
- High fever >102 degrees

ALL LOCATIONS AND AFTER HOURS (828) 322-2183 or (704) 748-6712

**IF, FOR ANY REASON, YOU ARE UNABLE TO REACH OUR OFFICE OR YOUR SURGEON DURING AN EMERGENCY, PLEASE GO TO THE NEAREST EMERGENCY ROOM IMMEDIATELY.**

Hickory

Denver/Lake Norman

Lincolnton

Mooresville