



Carolina Ear, Nose & Throat Head and Neck Surgery Center

Postoperative Operative Instructions Ear Tubes

- Do not get any water in the ears unless otherwise instructed to by your physician. Please use the fitted earplugs or use Vaseline coated cotton balls to keep water out of the ears when bathing or swimming unless instructed to by your physician.
- **Activity** Avoid any activities that require balance and coordination for the next 24 hours. Have someone stay with you in case of dizziness. Resume normal activities after 24 hours.
- **Comfort** Tylenol (Acetaminophen) may be taken for pain as directed on the bottle. Please be sure the Tylenol is 4 hours from the last dose of Tylenol. For children, please use pediatric versions and follow age/weight scales on bottle.
- **Bleeding** Bleeding or drainage may occur during the first few postoperative days. Although alarming looking, this is not dangerous. Any drainage occurring after the first postoperative week indicates an infection and warrants a call to the doctor.
- **Call physician for:**
 - Ear pain is severe and persistent and not relived by Tylenol.
 - Drainage occurs after the first postoperative week.
 - Persistent nausea or vomiting occurs.

ALL LOCATIONS AND AFTER HOURS (828) 322-2183 or (704) 748-6712

IF, FOR ANY REASON, YOU ARE UNABLE TO REACH OUR OFFICE OR YOUR SURGEON DURING AN EMERGENCY, PLEASE GO TO THE NEAREST EMERGENCY ROOM IMMEDIATELY.

Hickory

Denver/Lake Norman

Lincolnton

Mooresville