



CAROLINA
EAR NOSE & THROAT
SINUS AND ALLERGY CENTER, P.A.

ABR instructions for parents:

It is important that your child sleep for the ABR testing

Try to wake your child up earlier than usual so that they will be sleepy for the test

If testing is near nap time, please delay the nap until you have been taken back for your appointment

While driving or traveling to the clinic please do not allow your baby to sleep during the trip. We often seen infants who sleep on the way here and then will not sleep for the test

Please bring any sleep aids such as pacifiers or blankets

Delay feeding closest to your appointment time so that your child will nurse or take a bottle after you arrive at the clinic

If you arrive earlier then scheduled please do not feed your baby until the actual appointment time